



IMRAN KHAN CANCER APPEAL

FEEDBACK REPORT 2023

www.ikca.org.uk

Registered Charity No.1000580

28 YEARS OF
HOPE



CHAIRMAN'S MESSAGE

Assalaamu Alaikum.

In Pakistan, 2022 brought many challenges including the devastating floods, the fallout from the global economic turmoil and the continuing COVID-19 pandemic. Nevertheless, we continued to provide world-class treatment to our cancer patients and I want to thank the countless donors and supporters who help us to continue to provide free treatment to 75% of our patients. Today, I remain more confident than ever that you will enable us to open our third hospital in Karachi at the end of 2023.

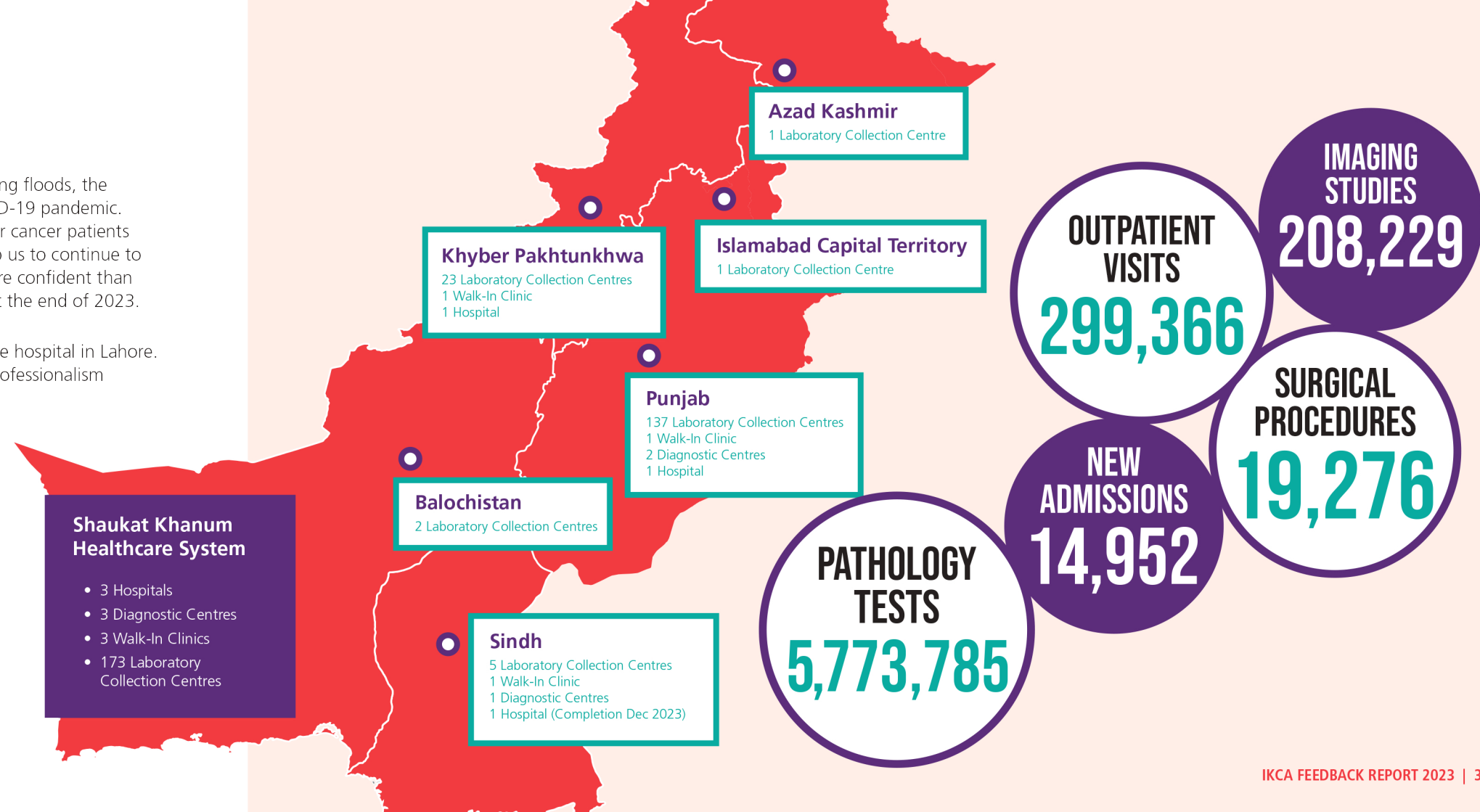
On a personal note, recently, I had cause to be treated myself at the hospital in Lahore. Even at this difficult time, I could not fail to be impressed by the professionalism and dedication of all the staff. I felt so proud that we have all contributed to the creation of these centres of excellence, and I want to take this opportunity to thank all those who cared not only for me, but for the many patients that we see and treat each year.

I urge you to donate generously and bring hope to the many thousands of cancer patients, in 2023, through the hospitals of the Shaukat Khanum Healthcare System.

With warmest personal regards,

Imran Khan

Chairman, Board of Governors





CMO'S MESSAGE

I have been working at Shaukat Khanum since 1994.

It is a great privilege to work here and be part of an institution, a family, which is continuously growing and evolving. To see the construction of Peshawar, from inception to completion, has been particularly memorable and I feel fortunate now to be involved with the construction of Karachi, where the 'grey structure' is already completed and the finishing works are underway with the installation of equipment by November 2023 and the inauguration date set for December 2023.

As we continue to build the Shaukat Khanum Healthcare System, we hope, in the future, to develop a hub and spoke model, where much of our cancer care will be provided closer to

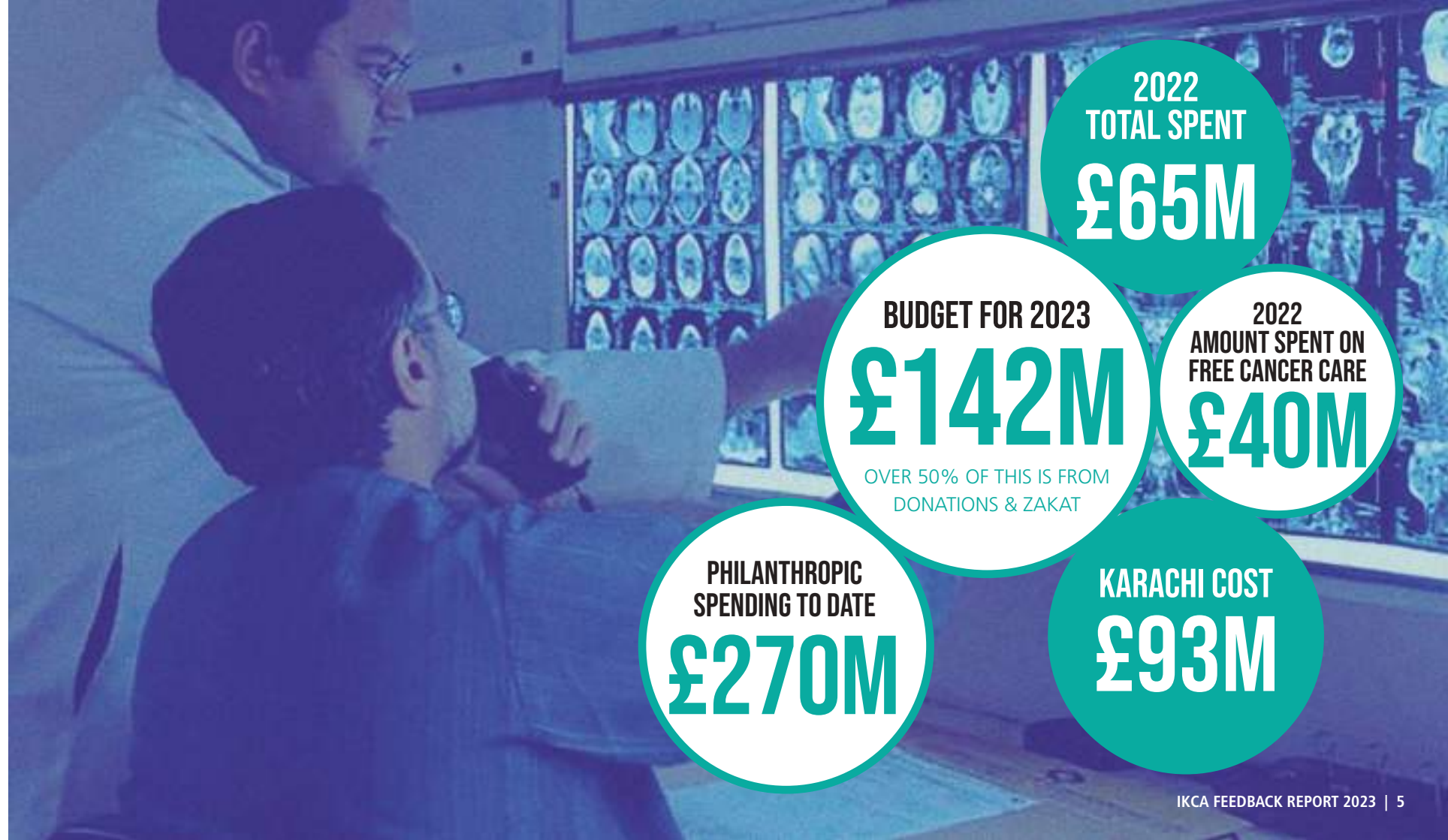
people's homes, while our major hospitals will continue to serve as referral centres for complicated and advanced diagnostics and treatment.

It is only with the unwavering support of our well-wishers, in Pakistan and overseas, which has allowed us to treat more patients than ever before, irrespective of their ability to pay, while continuing work on our expansion projects and plans for the future.

I hope that we can count on you to continue to open your hearts now and in the future.

Thank You.

Dr Muhammed Aasim Yusuf
Chief Medical Officer



MEDICAL ONCOLOGY

Patients Receive Multidisciplinary Cancer Care Under One Roof

We provide comprehensive and compassionate care to all our cancer patients at Shaukat Khanum Hospitals in Lahore and Peshawar, in accordance with established international guidelines and to the highest standards of care. All cancer patients are discussed in a multidisciplinary conference where a team works together to prepare a personalised treatment plan for each individual patient.

At our Hospitals:

- › We follow disease-specific internationally-accepted management guidelines
- › We treat a broad range of cancer types in both children and adults
- › Our outpatient Chemotherapy Bay is functional around the clock
- › Our state-of-the-art bone marrow transplant programme is supported by the latest technology, including apheresis equipment, HEPA filtered and negative air pressure isolation rooms and excellent laboratory facilities

CHEMOTHERAPY IN STATS

**SESSIONS
IN 2022**
69,698

**AVERAGE
COST**
£1,800

**AMOUNT
SPENT**
£1.9M

AVERAGE TREATMENT COSTS FOR A PATIENT WITH OVARIAN CANCER

Diagnostic and other Therapeutic Services	£1,870
Radiation	£40
Surgery	£1,760
Pharmacy including Chemotherapy	£930
TOTAL	£4,600

DELIVERING YOUR DONATION
WITH DEDICATION...

RABIA ALI

Nursing Lecturer & Bone
Marrow Transplant (BMT)
Specialist Nurse, Lahore



**I have been working at
Shaukat Khanum since 2004.**

My field is economics but I am a nurse by choice. When my mother was ill, I witnessed a nurse taking care of my mother and realised to care for others was my vocation in life. As such, I went back to studying and became a nurse. I focused on oncology and, with support from the hospital, specialised in BMT to gain comprehensive knowledge for the effective care of these patients. Every patient needs special care and BMT patients face different risks because they have very low immunity. I remember our first BMT patient, Salman, he is doing well now and still sends his prayers to us and all those donors that supported his treatment.

I hope to continue to take care of those suffering from cancer, as one patient who really touched my heart said 'like a mother' and believe that in Pakistan, there is nowhere better to work than this compassionate place.

SURGICAL ONCOLOGY

Providing the Highest Quality Surgical Care for Cancer Patients in Pakistan

Surgery is an important part of treatment for many types of cancer. The Department of Surgical Oncology offers comprehensive evaluation, diagnosis, and management of both adult and paediatric cancer patients. Our surgeons work in close collaboration with medical and radiation oncologists to ensure that a multidisciplinary approach is followed for each patient at the Hospitals in Lahore and Peshawar.

Our Surgeons:

- Use advanced minimally invasive surgical techniques
- Treat patients with tumours of the upper and lower gastrointestinal tract, the hepato-pancreato-biliary system, with breast cancer and with diverse other malignancies, including those of the brain and spine (neurosurgery), orthopaedics, the head and neck region, the chest and lungs, as well as of the female genital tract and of the urologic system

SURGERY IN STATS

**NO OF
PROCEDURES**
19,276

**AVERAGE
PATIENT COST**
£1,300

**AMOUNT
SPENT**
£19.7M

AVERAGE TREATMENT COSTS FOR A COLORECTAL CANCER PATIENT

Diagnostic and other Therapeutic Services	£3,149
Radiation	£1,314
Surgery	£3,392
Pharmacy including Chemotherapy	£2,145
TOTAL	£10,000

DELIVERING YOUR DONATION
WITH DEDICATION...

DR. SYED IRFAN KABIR

Surgeon & Head of Surgical
Oncology, Peshawar



I have been working at Shaukat Khanum since 2019.

I undertook my higher surgical training in the UK from Oxford Deanery and was fortunate to get a consultant job at the hospital so I could relocate back to Pakistan. It is a pleasure to work here and the environment is very professional with great emphasis on the progressive development of the individual. A recent story I remember is of a young female patient, who had no family and faced such financial hardships that she couldn't even afford to travel to the hospital. She had cancer of the duodenum and due to her inability to eat, was very malnourished. After improving her condition to undergo major surgery, we were able to remove the cancer - she is doing very well now and always prays for the people who supported her.

The patient is always our main priority and to be able to provide international standard, high quality cancer treatment, irrespective of their financial background, is the main reason that I chose to work at this remarkable place.

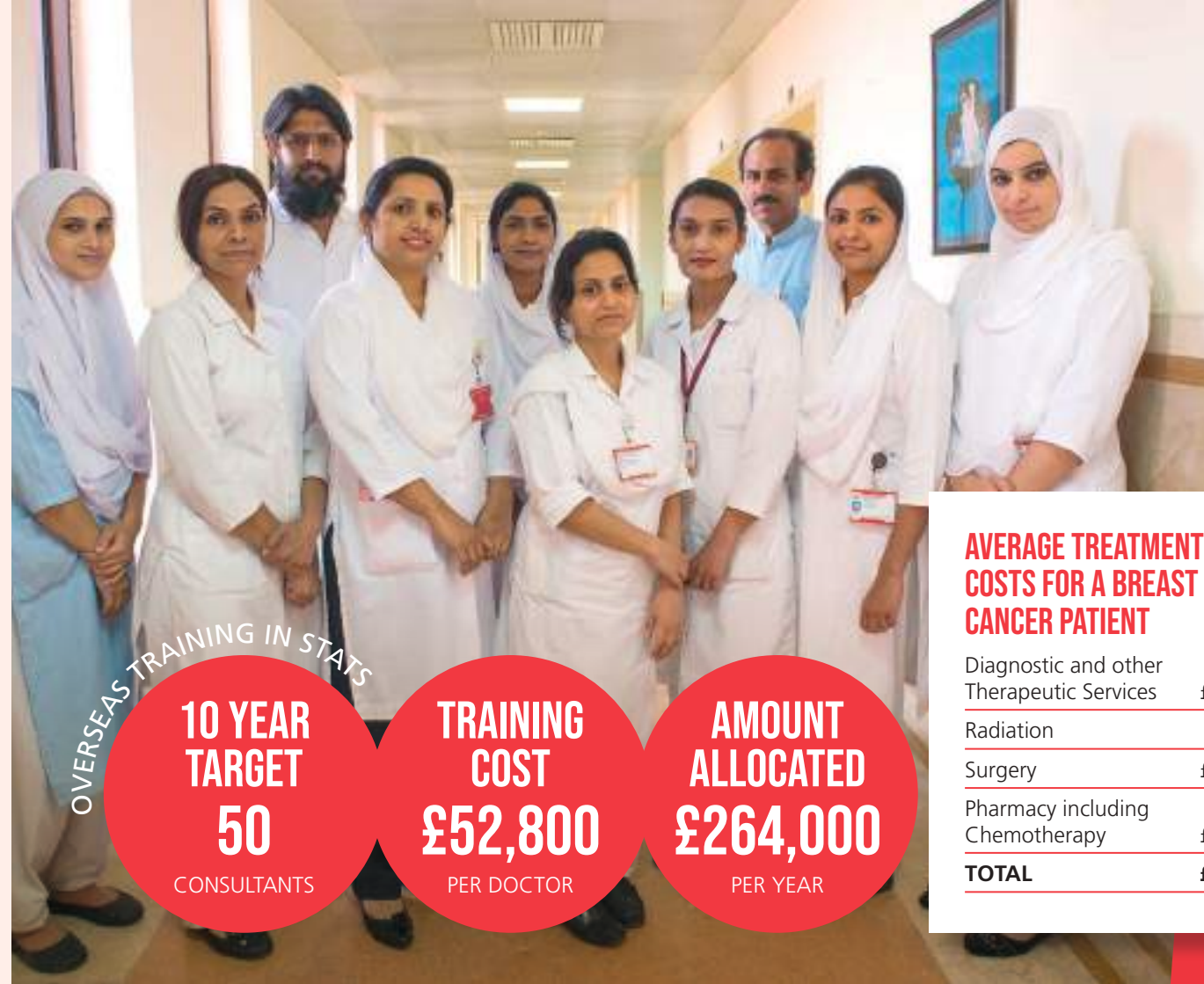
PALLIATIVE CARE

Improving Quality of Life for Cancer Patients

We run specialist palliative medicine clinics at Lahore and Peshawar for patients who require symptom management for terminal as well as chronic conditions. Our palliative service aims to improve the quality of life for all cancer patients regardless of age, stage of disease or prognosis.

We have:

- > Multidisciplinary clinics with highly trained physicians
- > Supported by anaesthesia team for pain-control interventions
- > Specialist palliative care nurses
- > End-of-life care for terminally ill patients



OVERSEAS TRAINING IN STATS

**10 YEAR
TARGET
50**

CONSULTANTS

**TRAINING
COST
£52,800**

PER DOCTOR

**AMOUNT
ALLOCATED
£264,000**

PER YEAR

AVERAGE TREATMENT COSTS FOR A BREAST CANCER PATIENT

Diagnostic and other Therapeutic Services	£1,393
Radiation	£800
Surgery	£1,270
Pharmacy including Chemotherapy	£1,337
TOTAL	£4,800

DELIVERING YOUR DONATION
WITH DEDICATION...

DR. IRUM GHAFOOR

Consultant, Lahore

I have been working at Shaukat Khanum since 2011.



Acknowledging the importance of palliative care, I was offered a place by the hospital in the newly launched Overseas Fellowship Programme to finish my Consultancy in Palliative Care in the UK. The aim of the two-year programme is to allow physicians to increase their knowledge and skills and, with palliative care, to improve the quality of life, not only for patients but also for their families. Towards end of life, with palliative care, families are able to spend quality time with their loved ones. I cannot forget the gratitude of the mother of one of our paediatric patients, Ahmed, who thanked the team for helping her son go on his final journey in the most dignified way.

I know the pain and suffering cancer patients experience and it has been an honour to serve them in the best possible way; irrespective of their ability to afford the costly treatment. I hope my training will help me to serve patients and their families even better at this amazing place.

ANCILLARY HEALTH

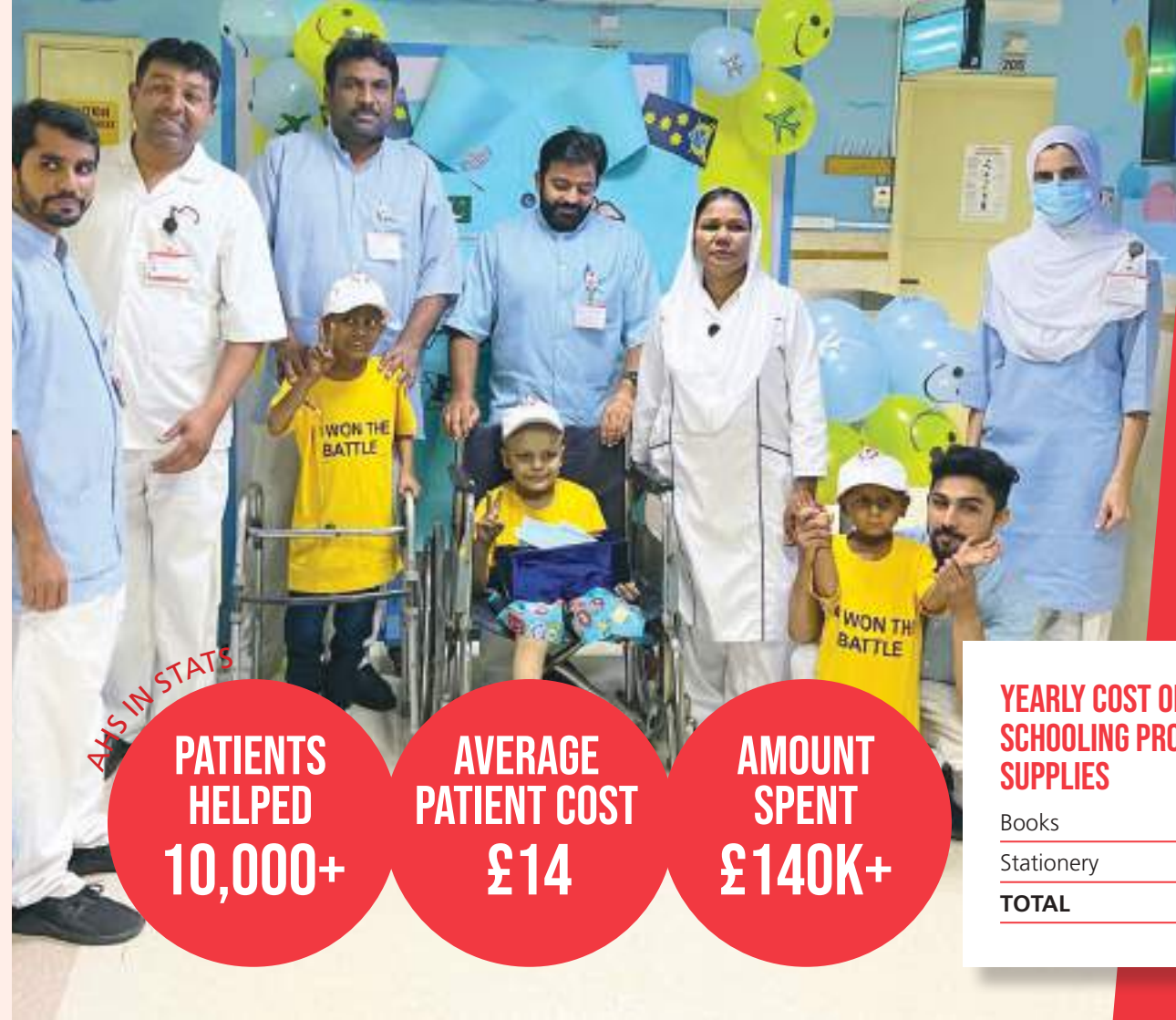
Providing Holistic Medical Care

The aim of Ancillary Health Services (AHS) is to supplement our clinical services, so as to ensure that patients receive holistic medical care and a better standard of care and life during and after treatment.

This includes our 'Hospital Schooling Programme', providing education to our child patients giving them a 'normal life' while undergoing treatment.

It also includes:

- > Clinical Psychology
- > Clinical Nutrition
- > Physiotherapy
- > Speech Therapy and Play Therapy



AHS IN STATS

PATIENTS
HELPED
10,000+

AVERAGE
PATIENT COST
£14

AMOUNT
SPENT
£140K+

DELIVERING YOUR DONATION
WITH DEDICATION...

TARIQ AWAN Security Guard, Lahore

I have been working at Shaukat Khanum since 2016.

I love to paint and draw whenever I am off duty, I draw for children undergoing cancer treatment at the hospital. Sometimes, children request me to draw birds or animals that they love and I sketch and draw these for them. When a child stops crying because of my painting, I feel a strong sense of contentment and joy.

The good wishes and prayers of our patients hold me close to this special place.



YEARLY COST OF CHILDREN'S SCHOOLING PROGRAMME SUPPLIES

Books	£930
Stationery	£550
TOTAL	£1,480

HOSPITAL UPDATES

In Karachi, the physical ‘grey structure’ structure for Pakistan’s largest tertiary care cancer centre was completed in November 2022.

Finishing work has commenced and the installation of equipment will begin in 2023. The hospital will be ready for inauguration in December 2023 and will

be equipped with the latest in technology for both diagnosis and treatment. This new hospital will not only benefit the people of Karachi, but also all of Sindh and Southern Balochistan. The total expected cost will be £93 million.

KARACHI



PESHAWAR

In December 2022, the Peshawar Hospital marked 7 years of serving humanity. The clinical activities continue to increase with outpatient visits, chemotherapy sessions and surgical procedures all nearly doubling since 2021. Paediatric chemotherapy including intrathecal chemotherapy has also started and two more operating rooms have also been commissioned. In addition, Endoscopic retrograde cholangiopancreatography (ERCP) - a service using endoscopy and x-rays to diagnose and treat problems in the liver, gallbladder, bile ducts, and pancreas, has also been started and, the first Laparoscopic Hepatectomy in Pakistan (where 60% of a patient’s liver was removed via a small cut) was performed.

LAHORE

In December 2022, the Lahore Hospital completed 28 years of serving humanity. The number of patients seen has increased significantly year-on-year, with outpatients increasing by more than 30% alone. In addition, a second new True-Beam Linear Accelerator - an advanced radiotherapy system that opens up treatment options for some of the most complex cancers - has also been inaugurated. There are now 5 linear accelerators in Lahore.



Joint Commission International (JCI) Enterprise Accreditation - Shaukat Khanum Memorial Trust

Only the second organisation in the world to achieve this system-wide “Enterprise Edition” of the JCI, demonstrating the organisation’s commitment to patient safety and quality for all patients. Lahore, Peshawar and Karachi Diagnostic Centre & Clinic are all now JCI Enterprise accredited organisations.



International Hospital Federation (IHF) Gold Award - Shaukat Khanum Memorial Trust

Award won in the Sultanate of Oman Excellence Award category for Health Services During Crisis. The award was received for strategising an efficient and sufficient inventory list of essential items for setups serving in low-income countries - enabling provision of uninterrupted care to cancer patients during the Covid-19 pandemic.



JOIN OUR CHALLENGES

AMREEN REHMAN

In September 2022, Amreen lost her father to cancer. But her giving nature turned her grief into something positive - she joined our London Bridge Family Walk where taking part meant so much to her on so many levels.

Our family has always supported IKCA's work, and when my cousin told me that she was doing the walk in my father's name I decided to do the same. It was the first time stepping out of my comfort zone since the passing of my father so that in itself, rather than the distance, was the biggest challenge for me. Alhamdulillah, the day was wonderful. Walking on a cold November day, taking in the iconic sites of London with a group of amazing people and knowing our efforts were towards a great cause was such a special experience. I will definitely be taking part in more challenges.



DR HINA WAHID

A long-time supporters, she has visited the hospital in Lahore and on 11 September 2022, cycled 55 miles from London to Brighton to raise funds for IKCA.

I've recently started cycling and when I saw this bike challenge, I thought this would be a great idea to raise funds for IKCA. Though it was my first time cycling 55 miles by myself, the whole ride was as exciting as it was challenging! I was initially unsure of what I had signed up for but knew once I started fundraising, there was no stopping me! It's such a worthy cause and I'm so happy that I could play a small part in supporting IKCA.

TEAM BRAMHOPE

Tariq Qadeer, from Leeds, has been a volunteer and supporter of IKCA for many years undertaking treks and challenges.

Two of my close relatives died of cancer in Pakistan in the 80's and early 90's in areas where cancer treatment wasn't available. I knew Imran Khan from his cricket career and, to support the hospital in Lahore, I did my first Leeds half marathon in 2007 and then again in 2008! By 2009, I managed to convince members of Team IKCA to do it! By 2012 we had 10 IKCA volunteers running in the Leeds half marathon! In 2013, I organised my first Yorkshire Three Peaks walk and members of Team IKCA joined me to fundraise for cancer charities including IKCA. I am so happy that IKCA have started their own outdoor activities now and hope that more people will do their challenges and support them in every way possible.



JOIN OUR CHALLENGES & EVENTS IN 2023

JANUARY

Bolton Abbey Family Walk
Sun 6th

MAY

Scafell Pike
Sun 7th May

Snowdon
Sat 20th May

JUNE

Ben Nevis
Sat 19th June

JULY

K2 Base Camp Trek
Sat 15th to Sun 30th

AUGUST

Sky Dive
Sat 5th

National 3 Peaks (In 24 hrs)
Sat 19th & Sun 20th

SEPTEMBER

Yorkshire 3 Peaks
Sat 16th

OCTOBER

BCA Pink Walk
Sun 15th

DECEMBER

London Bridge Walk
Sat 2nd

DON'T SEE ANYTHING THAT TAKES YOUR FANCY?

Get in touch if you have a fundraising idea, we are here to help and support you. We need YOU to get involved so we can keep on supporting poor cancer patients.

Take the Challenge and help us even further. Contact us now!
Call 01274 424 444 or
Email support@ikca.org.uk



WWW.IKCA.ORG.UK/CHALLENGES



KARACHI APPEAL

The Karachi hospital will cost **£93 million**, will be twice the size of the hospital in Lahore and is expected to be completed in 2023.

Can you give a Sadaqah-e-Jaria to reap the blessings of your charitable act for as long as others continue to benefit from it?

You can do this in several ways...



BECOME A PRESTIGIOUS FOUNDING DONOR

Etch your name, or the name of a deceased loved-one, permanently on the founding Donors' Monument at the entrance of the new Karachi hospital from £3,400.

CREATE A MEMORIAL FUND

Honour the life of a loved one by creating a memorial fund in their memory. Your continuous donation will help treat needy cancer patients in Karachi.

KARACHI SPONSORSHIPS & DEDICATIONS

An excellent opportunity for our supporters to dedicate rooms in honour or memory of a loved one from £15,000. Check our website for a complete lists of rooms available for dedication at www.ikca.org.uk

DONATE MONTHLY

You can pledge a monthly contribution for Karachi and make an ongoing commitment to help us fight cancer.

> FOUNDING DONOR

Etched on the Donors' Monument from

£3,400

> DEDICATE A ROOM

In Memory of a Loved One from

£15,000

> SPONSOR A BRICK



50 Bricks of Hope

£30 per month

100 Bricks of Hope

£60 per month

500 Bricks of Hope

£300 per month

WAYS TO DONATE

> DONATE ONLINE

Giving online is easy and secure. Go to **www.ikca.org.uk** and make a card payment online now.

> BY PHONE

Call now to donate **01274 424 444**

> DIRECT DEBIT

Visit **www.ikca.org.uk/donate** and choose the 'Monthly' option

> CHEQUES / POSTAL ORDERS

PO BOX 786, Bradford, BD5 OYE
Cheques are payable to:
Imran Khan Cancer Appeal

> AT THE BANK

If you wish to donate over the counter you may do so by visiting any Barclays Branch and quoting the following details.

Sort Code: **20-37-83**

A/c No: **40550256**

A/c Name: **Imran Khan Cancer Appeal**

> OTHER WAYS

JustGiving, PayPal, CAF & Payroll Giving

To donate through your payroll please ask your employer what schemes they offer - there will be no tax on your donation. If you are a business, you can donate through your business before paying tax. Please contact IKCA office if you require any help donating through these methods.



Leave a Legacy...

Give a Gift in your Will.

A gift in your 'Will' doesn't just benefit others. It can also have tax benefits for your loved ones, after you've passed away. Some people find that gifts in 'Wills' are a good way to bring their estate under the inheritance tax threshold.

Please contact us today to request a copy of our free Leaving a Legacy Brochure



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PO Box 786, Bradford BD5 0YE
www.ikca.org.uk info@ikca.org.uk
01274 424 444

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